



# Leg 14 – Roof of England Walk

## Leg 14: Kirkby Stephen to Appleby – Directions

Length	Ascent	Time	Version	Updated
25.7km (16 miles)*	365m (1,198ft)*	07:08*	1.1	21/03/25

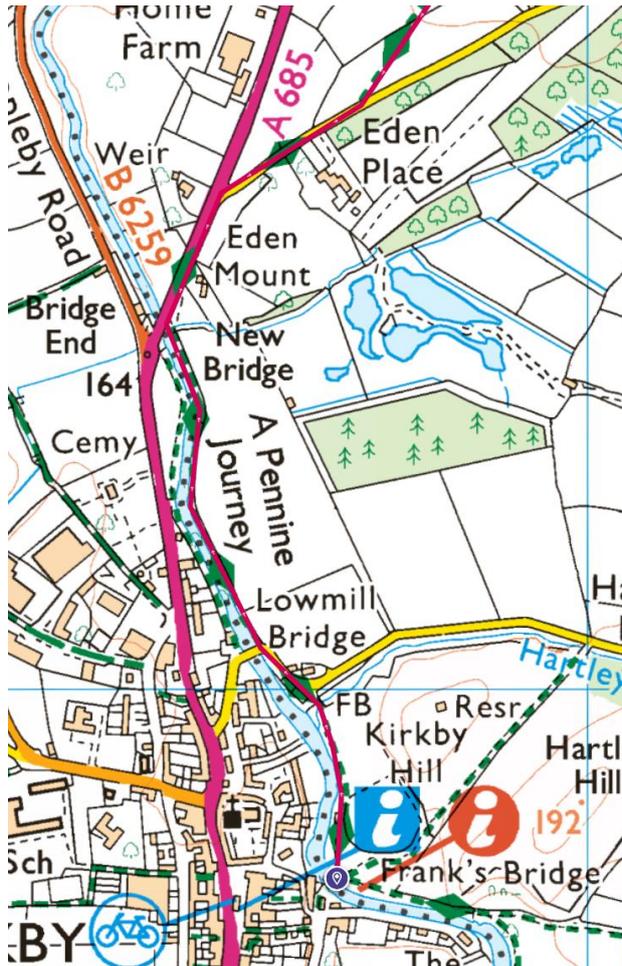
\*Using OS Maps (online)

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OS maps for Leg 14: Explorer – OL19 (N); Landranger – 19.

The route is shown on the maps as a thin red line.

A:



Leg 14 of the **Roof of England Walk** shares the route of **Wainwright's Pennine Journey** between Kirkby Stephen (NY 77651 08732 and [///snatched.tomato.bangle](https://snatched.tomato.bangle)) and Appleby-in-Westmorland (NY 68371 20311 and [///grand.spurtd.district](https://grand.spurtd.district)).

From Frank's Bridge continue ahead (left if returning from a visit to the town) following the riverside footpath – signed 'Public footpath – Low Mill'. Initially follow a crushed stone path, passing between the cricket club house and the pitch. After 250m cross a footbridge over a stream and turn left onto the road. At the road bridge over the River Eden (Lowmill Bridge) take the riverside path straight ahead – signed 'Public footpath – Pennine Journey/Lady Anne's Way', keep the river on your left.

After 0.5km cross another footbridge and continue ahead. Climb up a short incline, go through a wooden kissing gate, and turn right to follow the footpath alongside the A685. After 150m turn right and follow the minor road (Kirkbank Lane). After about 200m turn left over a wooden stile.



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B:



Follow the signed public footpath to 'Winton'. Go diagonally across the field to another stile. Then bear right, continuing across the next field to a further stile, in the top corner.

Go straight across the next (narrow) field and cross the stone step stile. Continue ahead with the hedge on your right. Cross another wooden stile and go straight across the next field, picking up and following the fence line for a short distance to a stile – to the left of a short stretch of stone wall. Cross the corner of the next field to the far edge of the wood.

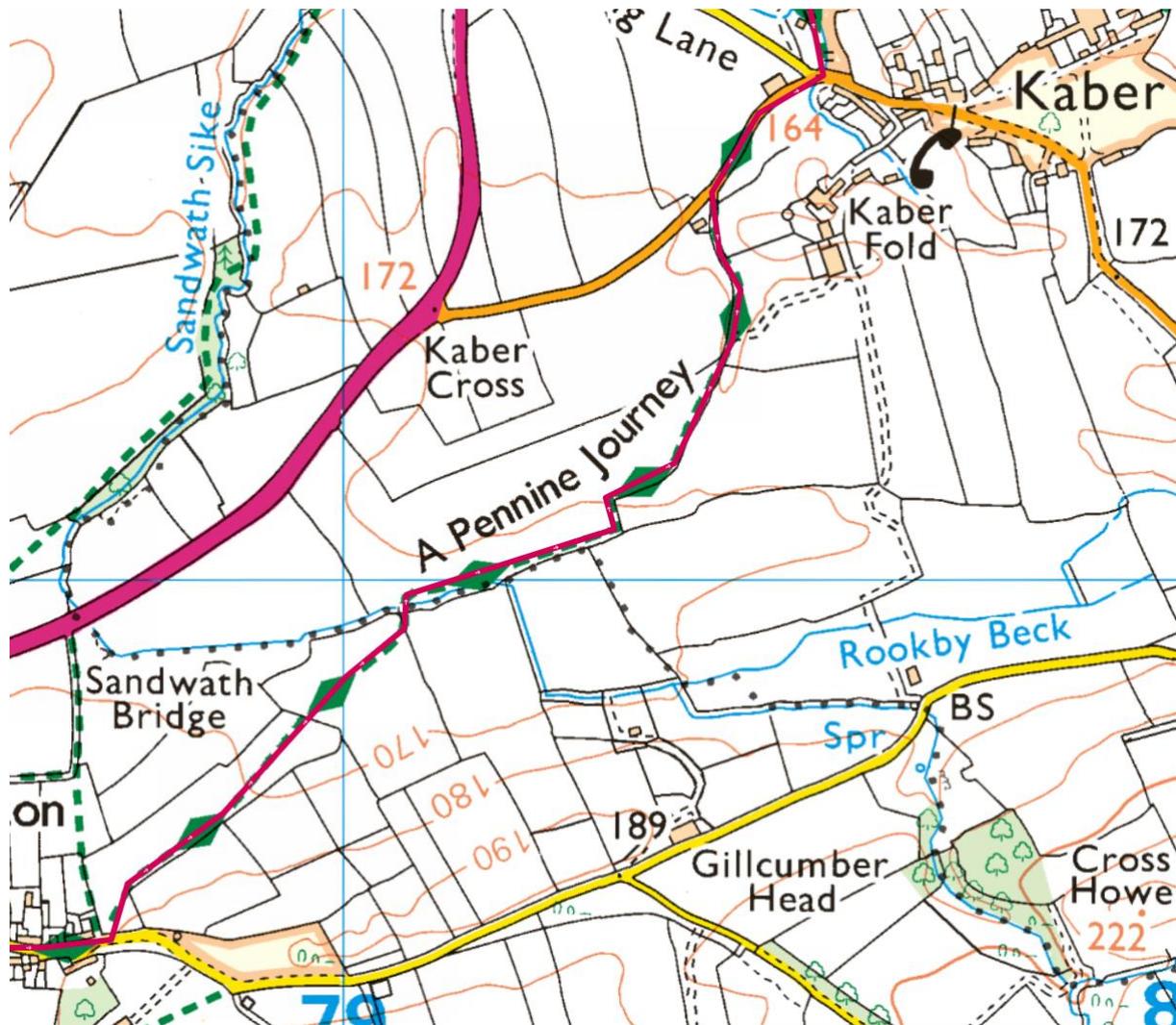
Cross the stile and footbridge over Mill Beck and follow the flagged path uphill towards Winton, with the fence line on your right. At the top go through the narrow gate and follow the path ahead, between walls and buildings.

At the road turn right. At the T-junction (on a corner) turn right and go through the village (for about 600m), passing the village green and Bay Horse pub on your right.



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C:



At the far end of the village, turn left off the road, through a gate/stone stile.

Follow the signed 'Public Footpath – Kaber 1 mile'. Initially bear right to the stone wall corner and then continue ahead with the double fence on your right. After about 100m bear left to a stile at the far end of the long, thin field. Continue straight across the next field to the far corner. Cross the stile, turn left, and go through a small wooden gate. Immediately cross a small footbridge and turn right, keeping the drainage channel and then fence/hedge on your right.

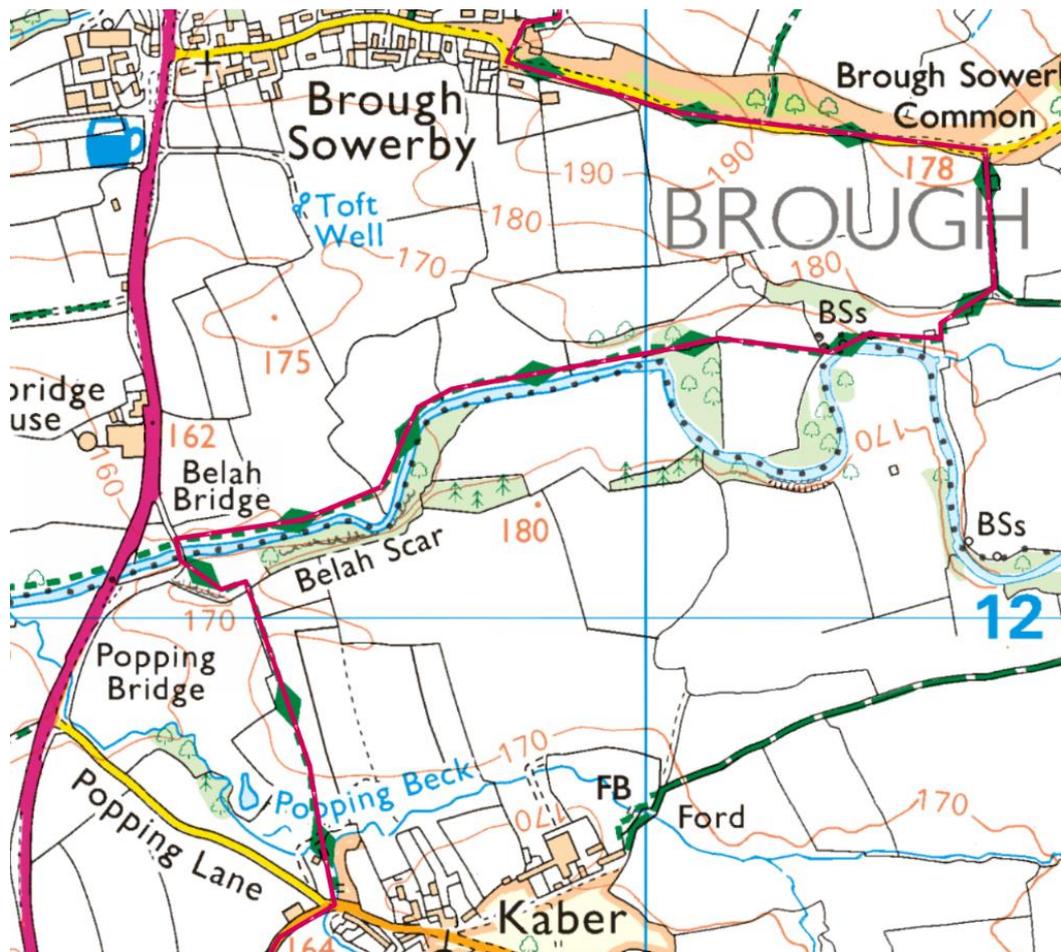
After 0.5km cross the wooden stile (next to the metal field gate) and continue ahead, now with the hedge on your left. Cross a further stile, again by a gate, and follow the path between hedges.

At the road turn right. Follow the road for 200m to the edge of Kaber village.



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D:



On the edge of Kaber, immediately turn left, leaving the road, to follow the signed public footpath to 'Belah Bridge'. Cross a small stone footbridge and continue ahead with a stone wall on your left and stream on your right. At the stone building cross the stile and footbridge. Continue ahead across another stile and then uphill, bearing to the left, across the field. At the far end of the field cross two stiles in quick succession and bear left down to Belah Bridge.

Go through the squeeze stile (at the right of the gate), turn right on the road, cross Belah Bridge and turn immediately right, over a stile. Follow the riverside path, with the river on your right. After c300m cross a stone stile and bear left, still keeping the fence/river on your right. After a short distance cross a small stream and a wooden stile.

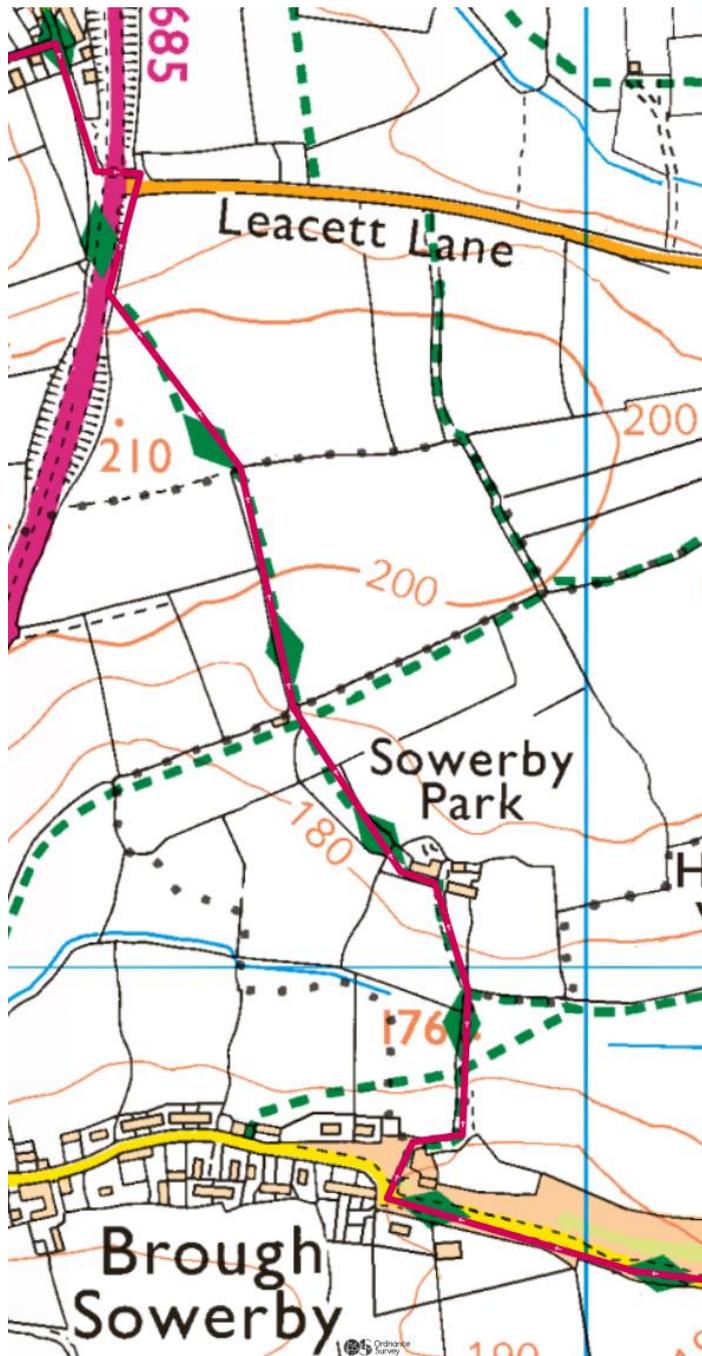
At the metal gate go straight across the field. At the next gate continue ahead with the river on your right. Go through another gate and then pass to the right of the ruined building and then bear right uphill, keeping the fence on your right, to a further gate. Turn left on the uphill track.

When you reach the road turn left and follow for about 700m. Just after you enter the village of Brough Sowerby turn right onto the track, just by the metal bench on the green.



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E:



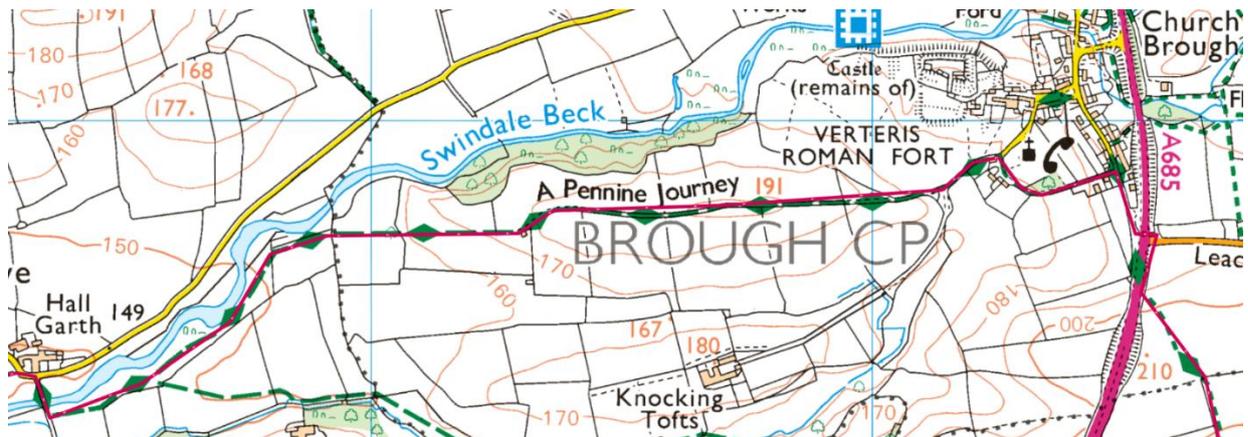
Go over the cattle grid (next to the metal gate - signed Sowerby Park) and continue following the track downhill. Just before the farm turn left through a metal field gate. Immediately after the building turn right through a small wooden gate/stile and bear left across a field to a metal field gate. Cross the next field, with a stone barn on your left, to a stile. Cross the small stream and go up a few steps. Continue ahead, uphill, with the fence line on your left. Cross the wooden stile at the top of the field and then bear left across the next field – crossing the brow of the hill and descending the other side.

Go through the squeeze stile/gate and turn right to follow a path alongside the A685 for about a 100m. Turn right on the minor road and immediately left. Go through the underpass and turn right on the tarmac road.



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F:



Walk along the tarmac road, towards Church Brough, and take the first left, signposted 'Public Bridleway – Musgrave', on tarmac initially. Go past the church, on your right, and continue downhill, now on a stone track. Just past the buildings, turn left on the signed bridleway.

At the fork, bear right and follow the stone track, uphill. When you reach a gate, go through it, and continue following the stone track, between hedges.

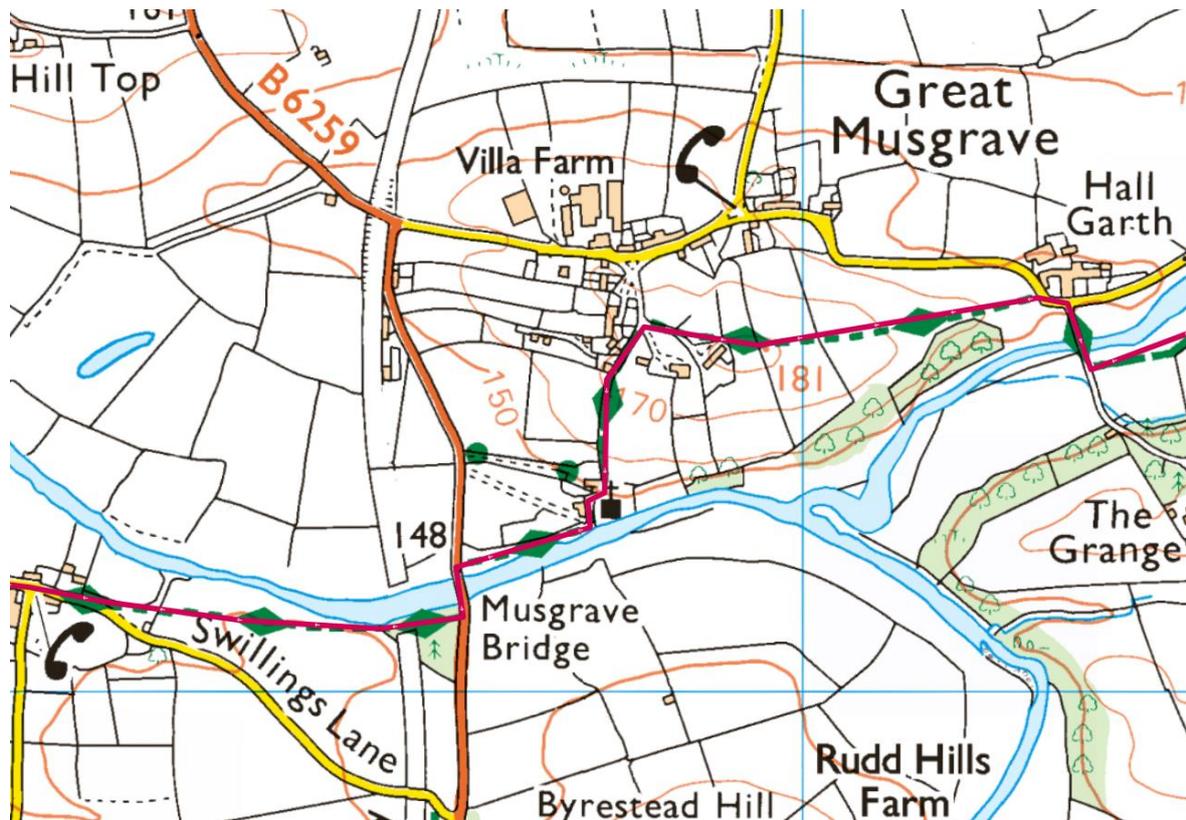
After 0.5km go through the gate and follow the track, downhill, with the fence on your left. At the small building, keep the fence on your left and head for the bridle gate. Go through the gate and head across the field, keeping the old oak tree on your left. At the next gate bear right to cross the next field to a metal gate.

Go through the metal gate and continue ahead, on the grassy path, with the fence on your left and the Swindale Beck on your right. After a short distance, at the corner of the fence, bear left, heading for the meander in the beck. Continue with the beck on your right, until you reach a metal field gate.



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G:



Turn right on the farm track, cross the bridge over the beck and then turn left on the tarmac road – at Hall Garth. After 40m, just on the bend, turn left onto the signed public footpath – Lane Head. Cross the uphill field, passing to the right of the woodland. At the top of the small hill, cross the line of hawthorn trees (old fence line) and then bear right to reach a stone step stile.

Cross the stone step stile and bear right, keeping the terrace of white houses on your left. Cross the corner of the field to a small metal gate onto the track. Turn right. At the tarmac road turn left signed 'Public Bridleway – St. Theobald's Church'. After approximately 50m take the small path on the left, between a stone wall and a hedge. Follow this all the way down to the church.

Just beyond St. Theobald's cross the stile and pick up the grassy path, alongside the River Eden. At the road turn left, cross Musgrave Bridge, and then immediately turn right onto the signed 'Public Footpath to Little Musgrave'.

Follow the riverside path through the trees. Go through a kissing gate, climb a short rise, and then follow the edge of the field, with the river on your right.



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H:



Go through the kissing gate and continue ahead to the road at Little Musgrave, with the hedge on your right. Follow the road through the small hamlet. After just over a kilometre turn right, to cross a footbridge, onto the signed footpath – ‘Ploughlands - Warcop  $\frac{3}{4}$  miles’. Cross the field, and a double stile, keeping the fence on your right. Continue ahead, across a further field.

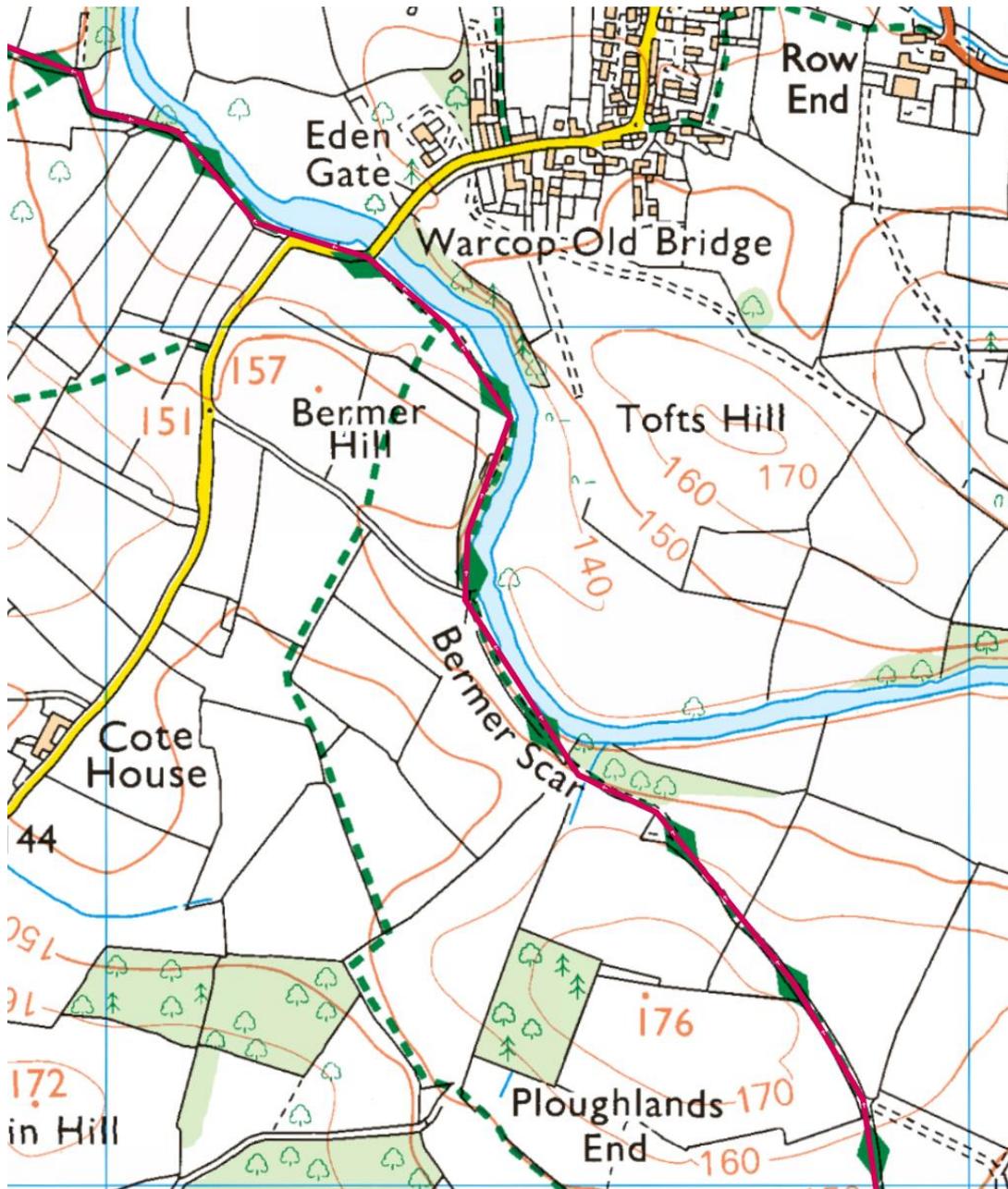
Go through the metal gate and cross the next field to the footbridge. Cross the stream and then bear right to contour around Cowber Hill. As you turn around the edge of the hill, head towards the track, keeping the large pond on your right.

When you reach the track, turn right and head towards the farm complex - ‘Ploughlands’. Before you reach the buildings turn left, off the track to cross a stile and then immediately a footbridge. After 50m go through a bridle gate and almost immediately turn right through another gate. Cross the uphill field with the hedge/fence on your right.



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I:



At the top of the field cross the stile (just to the right of a metal field gate) and follow the stone track straight ahead (between hedges). Keep following the track (it becomes grassier) as it swings round to the left to rejoin the River Eden.

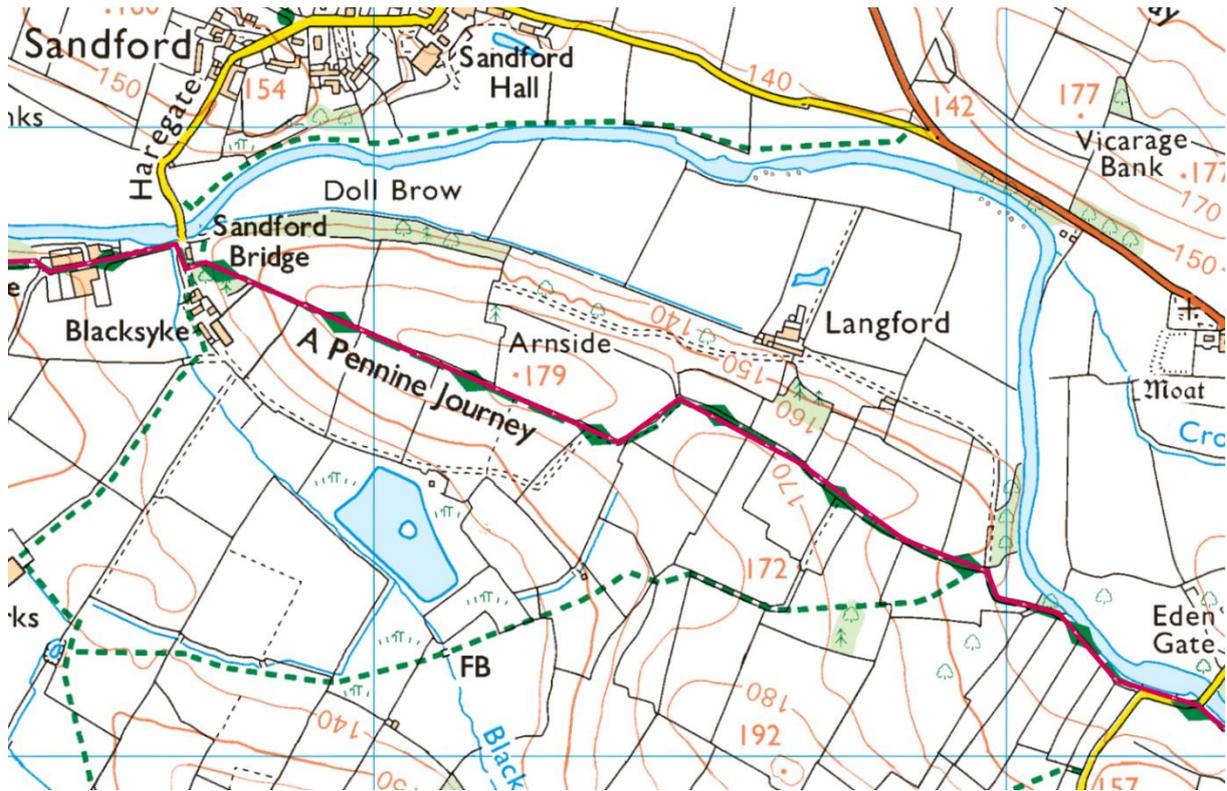
Go through the wooden field gate and continue ahead with the river on your right. Follow the river all the way to Warcop Old Bridge.

When you reach the road turn left and follow it for a short distance. Where the road turns sharp left, uphill, continue straight ahead on the farm lane (signed 'Public Bridleway – Little Ormside'), keeping the river on your right.



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J:



After 300m turn left off the surfaced farm lane onto a stone track (signed Public Bridleway) – slightly sunken, between hedges. The turning is 100m beyond a green corrugated iron building on the right hand side of the track.

After 300m the stone track turns sharply left - continue ahead on the grassy track, still between hedges.

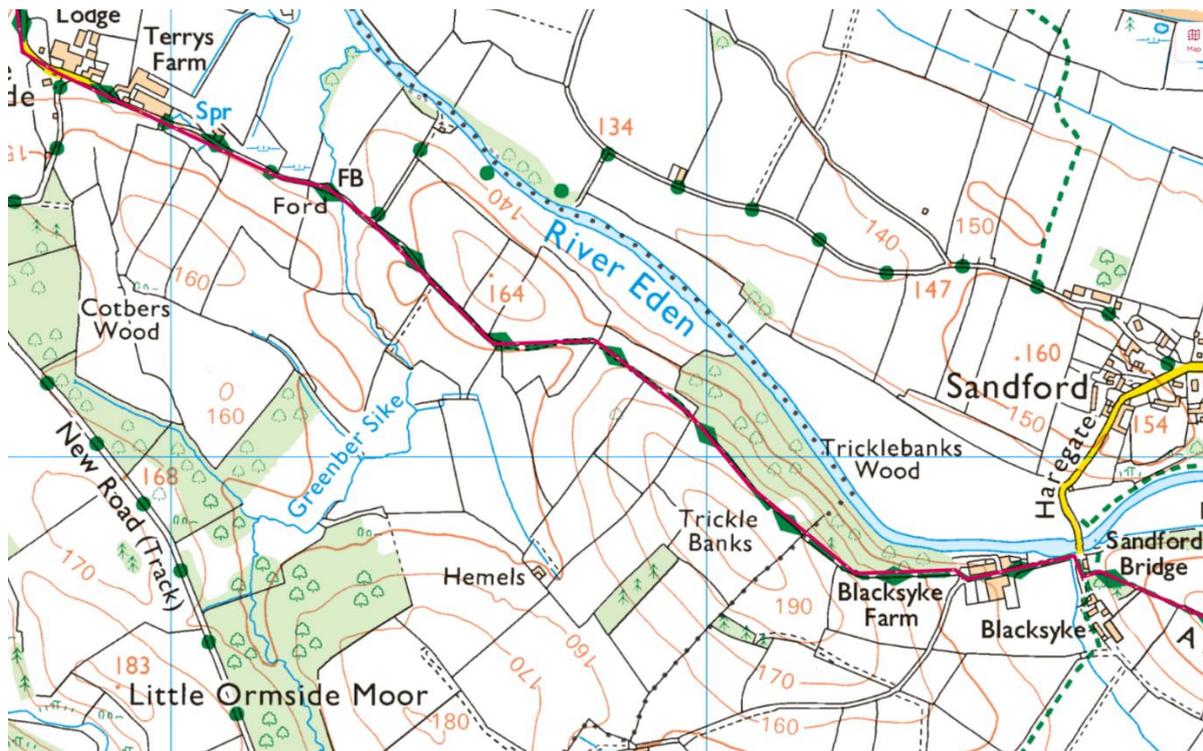
Follow the track for about 500m until it turns to the left, heading downhill towards a small lake. At this point continue straight ahead (still on the bridleway), through a metal field gate. Cross the field, uphill, with the fence/trees on your right. After several fields, go through a bridle gate, the field boundary will now be on your left. Follow downhill to Sandford Bridge.

At the bottom of the hill go through the gate and turn right on the track.



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K:



Just before the bridge over the river (Sandford Bridge) turn left on the track to Blacksyrke Farm – signed 'Public Bridleway - Little Ormside'. Go through the farmyard.

On the far side of the farm bear right to follow the signed 'Public Bridleway – Little Ormside'. Follow the path uphill on the edge of the wood (on your right).

At the top of the short climb go through the wooden bridle gate and continue ahead on the field side path, bearing right, keeping the woodland on your right. At the end of the wood continue ahead, on the now track. Follow the track, initially quite grassy, becoming increasingly stony, for about a km all the way to the road end at Little Ormside.



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L:



Follow the road through the tiny hamlet of Little Ormside. Just after crossing a road bridge over a stream turn left through a wooden field gate – signed 'Public Footpath'. Bear left across the field to a wooden stile across a hedge.

Cross six more narrow fields, bearing left, in quick succession. When you reach the road turn right and head into the small village of Great Ormside.

Turn left at the junction, opposite Bromley Green Cottage. After 50m turn left at the T-junction – signed 'Ormside Church 325m'. Then after 100m turn left over a stile through the wall to follow a footpath between a wooden fence and houses (signed 'Public Footpath'). After a short distance cross over a wooden stile into a field, next to a pond. Follow the path ahead across the edge of the field to a wooden field gate onto a track.

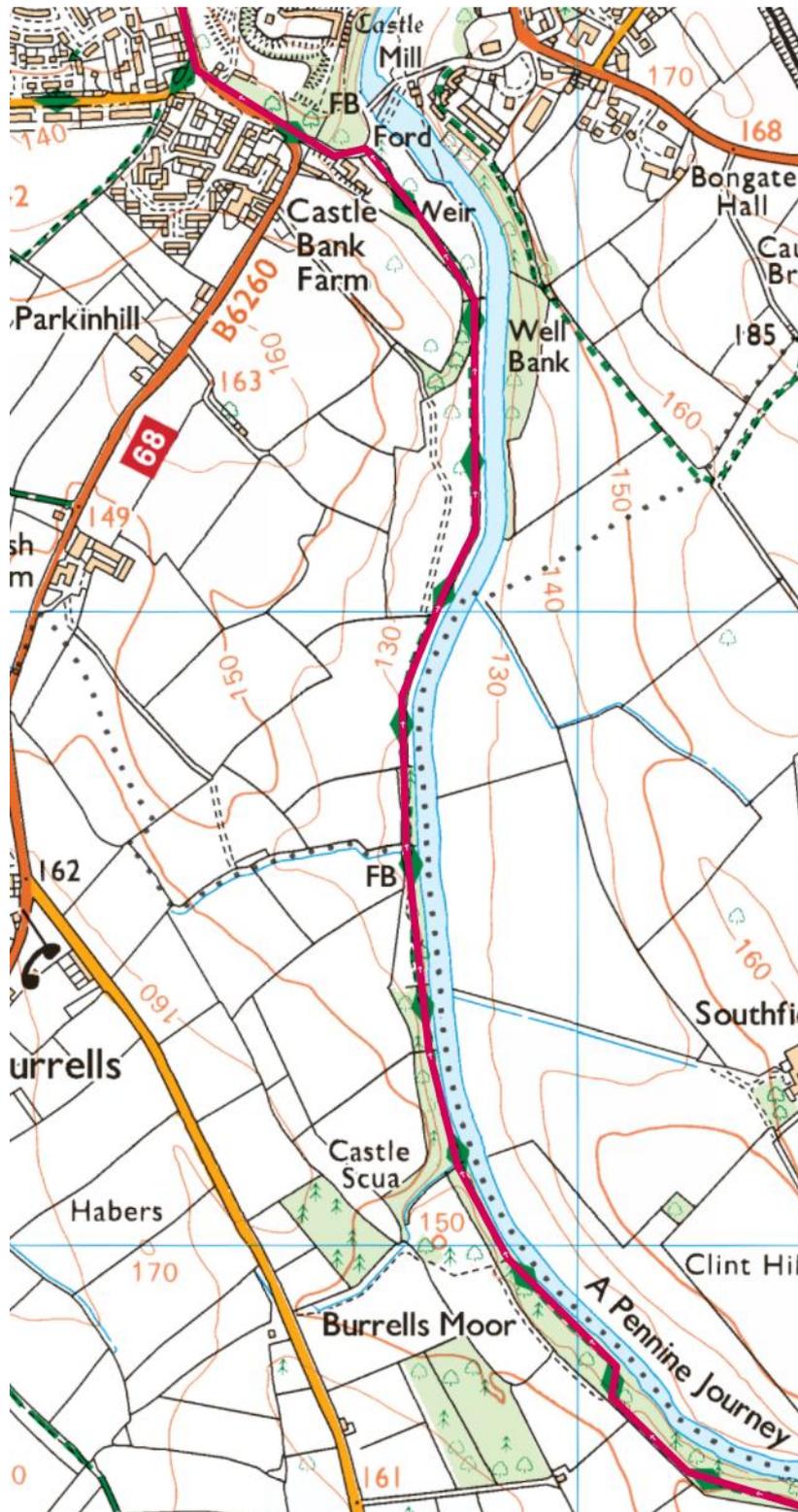
Turn left and follow the uphill lane (between hedges). After a short distance keep left on the main track. Go through the short tunnel under the railway and cross the concrete ladder stile immediately after. Follow the path between fences as it bears round to the left.

After the short downhill turn sharp right, over a wooden stile, and follow the path into the trees, over a second stile, and down to a wooden footbridge crossing Jeremy Gill. Cross the bridge and continue ahead, uphill, bearing right.



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M:

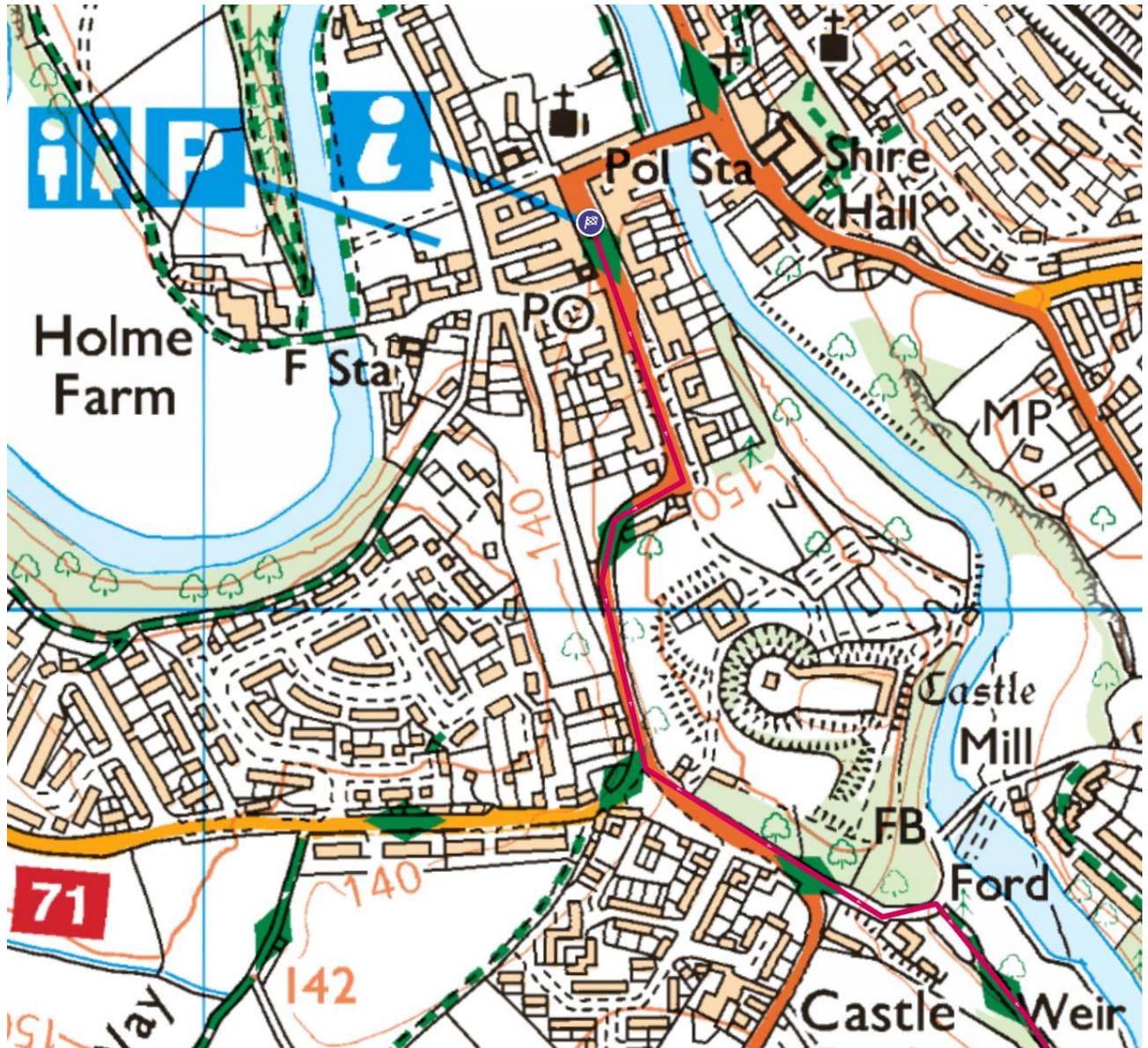


After about 600m descend the flight of steps – turning left at the bottom. Continue following the riverside path, keeping the River Eden on your right, for another two kilometres all the way to Appleby.



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N:



When you reach the road go through the kissing gate and turn left, uphill. At the top of the bank turn right (it feels like straight on), at the T-junction, and follow the B6260 into Appleby – following the castle walls – initially along Scattergate. At the top of Shaws Wiend (the entrance to Appleby Castle is on your right) follow the road as it bends to the left. Continue following the road downhill (Boroughgate) as it turns into the main shopping street in Appleby. Leg 14 finishes at the Moot Hall/Information Centre on your left.

**Roof of England Walk** – a journey around the North Pennines. This is Leg 14 (of 14) of this multi-day 301km (188 mile) route. The whole trail takes you on a fantastic journey exploring the North Pennines National Landscape and UNESCO Global Geopark. Find out more at [www.roofofenglandwalk.org.uk](http://www.roofofenglandwalk.org.uk)